



# READING LIST

## **ON JUNG:**

Jung – A Very Short Introduction – Anthony Stevens  
Memories, Dreams, Reflections – C.G. Jung  
What Jung Really Said – E.A. Bennet  
Modern man in Search of a Soul – C. G. Jung  
The Essential Jung – Anthony Storr  
Psychological Types – C.G.Jung

## **ON INTROVERSION & EXTRAVERSION:**

The Introvert Advantage – Marti Olsen Laney  
The Introverted Child – Marti Olsen Laney

## **THE FAR END OF EXTRAVERTED-INTUITION:**

Delivered From Distraction: Getting the Most Out of Life With Attention Deficit Disorder –  
Drs. Edward Hallowell and John Ratey.  
The Gift of ADHL – Honos-Webb

## **ON INTUITION:**

Blink – The Power of Thinking without Thinking – Malcolm Gladwell

## **ON RIGHT BRAIN THINKING:**

A Whole New Mind – Moving from the Information Age to the Conceptual Age – Daniel  
H. Pink

## **ON CONSCIOUSNESS:**

My Stroke of Insight – A Brain Scientist's Personal Journey – Jill Bolte Taylor Ph.D  
Theatre of the Mind – Raising the Curtain on Consciousness – Jay Ingram  
Healing the Soul in the Age of the Brain – Becoming Conscious in an Unconscious World  
– Elio Frattaroli, MD  
Power Vs. Force – David R. Hawkins, MD, PhD  
Flow – The Psychology of Optimal Experience – Mihaly Csikszentmihalyi

## **ON FEELING PREFERENCE:**

Intelligence Re-framed – Howard Gardner  
Magical Child – Joseph Chilton Pearce  
Magical Child Matures – Joseph Chilton Pearce  
Emotional Intelligence – Daniel Goleman  
The Emotionally Intelligent Workplace – Cherniss Goleman  
HeartMath – Howard Martin

## **ON PHYSIOLOGY AFFECTING THE PERSONALITY:**

The Cult of Personality – Annie Murphy Paul  
Stumbling on Happiness – Daniel Gilbert  
The Biology of Belief – Unleashing the Power of Consciousness, Matter & Miracles – Bruce Lipton, PhD  
In The Realm of Hungry Ghosts – Dr, Gabor Mate  
The Introvert Advantage – Marti Laney Olsen Laney  
The Introverted Child – Marti Olsen Laney  
The Alphabet Versus The Goddess – The Conflict Between Word & Image – Leonard Shlain

## **ON SOUL APPLICATION:**

Compass of the Soul – Archetypal Guides of a Fuller Life – John L. Giannini  
Soul Types – Sandra Krebs Hirsh and Jane A. G. Kise  
Callings – Finding & Following an Authentic Life – Gregg Levoy  
Let Your Life Speak – Listening for the Voice of Vocation – Parker J. Palmer  
Take Your Soul to Work – Transform Your Life and Work – Tanis Helliwell  
Your Life's Work – A Guide to Creating a Spiritual & Successful Work Life – Tami Coyne

## **ON NATURAL APPLICATION OF GREEN ENERGY IN LEADERSHIP:**

On Becoming A Servant Leader – Robert K. Greenleaf  
Stewardship- Choosing Service over Self- Interest – Peter Block

## **ON QUANTUM APPLICATION:**

Power vs. Force – David R. Hawkins  
The Field – Lynne McTaggart  
The Tao of Physics – Fritjof Capra  
The Hidden Connections: Integrating the Biological, Cognitive and Social Dimensions of life into a Science of Sustainability – Fritjof Capra  
The Quantum Self – Danah Zohar  
The Book of Secrets – Deepak Chopra  
Playing the Quantum Field – Brenda Anderson  
Art & Physics – Leonard Shlain  
The Fabric of Cosmos – Space Time & the Texture of Reality – Brian Greene

## **On WORKPLACES THAT INSPIRE THE WHOLE PERSON:**

Emotions in the Workplace – Robert G. Lord/Richard J.Klimoski  
Reclaiming Higher Ground – Lance Secretan  
The Healing Manager – Lundin & Lundin  
Inspire – Lance Secretan  
One – Lance Secretan

## **ON COSTS OF STRESS:**

The Immune Power Personality – Henry Dreher  
When the Body Says No: The Hidden Costs of Stress – Gabor Mate  
In the Realm of Hungry Ghosts – Gabor Mate

## **ON CONFLICT TRANSFORMATION:**

Peace Is the Way – Deepak Chopra  
The Tao of Negotiation – Joel Edelman and Mary Beth Crain

## **ON POSSIBILITIES:**

The Hidden Messages of Water – Masaru Emoto  
A New Earth – Eckhart Tolle  
The Book of Secrets – Deepak Chopra  
Journey of Souls – Dr. Michael Newton

## **ON QTI's A.T.I.M INTENSIVE ADDITIONAL READING LIST:**

My Stroke of Insight – A Brain Scientist's Personal Journey – Jill Bolte Taylor, Ph.D  
Embracing Our Selves – The Voice Dialogue Manual – Hal Stone, PHD and Sidra L. Stone, PHD  
The Dark Side of the Light Chasers - Debbie Ford  
The Relationship Garden – Jock McKeen and Bennet Wong  
A Brief History of Everything – Ken Wilber  
Secrets of the Lost Mode of Prayer – Gregg Braden  
Hold Me Able: Creative Self-Management Through An Understanding of Energy Dynamics – Nancy Wells  
Close to Home – Erin Caldwell  
Angels & Oranges – Erin Caldwell  
The Seat of the Soul – Gary Zukav  
The Power of Now – Eckart Tolle  
The Quantum Self – Danah Zohar

